

LUNCH
BY
LIBELLE 

Term 3, 2021

PURIRI WEEK

26/07-30/07

MONDAY

Pork Taco

Wholemeal wrap, pulled pork, cheese, salad with corn, BBQ mayo.

Dietary Alternatives:

V, VE: Mexican beans

GF: GF wrap

DF: Vegan cheese

H, NB: Roast chicken

**Snack: Fruity
Yoghurt*** Bliss Bite

Snack Dietary Alternatives:

DF, VE: Soy yoghurt



TUESDAY

Mac & Cheese with Cauliflower

Pasta elbows, cauliflower cheese sauce, white beans, mixed veggies.

Dietary Alternatives:

GF: GF pasta

Snack: Fruit

Snack Dietary Alternatives:

None

WEDNESDAY

Beef and Bean Nachos

Mexican beans with corn, capsicum and kumara, beef, cheese and corn chips.

Dietary Alternatives:

V, VE: FN Mexican magic mince

H, NB: Shredded chicken

DF, VE: Vegan cheese

Snack: Cookie

Snack Dietary Alternatives:

GF, DF, EF, VE: Bliss bites

THURSDAY

Ham and Cheese Filled Roll

Long roll, ham, cheese, mayo, lettuce. *Corn patty.

Dietary Alternatives:

V: Egg mayo

GF: GF bread or roll

H, NP: Sliced chicken

VE: Chickpea & corn patty

Snack: Veggie Sticks and Dip* Fruit

Snack Dietary Alternatives:

None

FRIDAY

Butter Chicken & Rice

Chicken, chickpeas, seasonal veg, butter chicken sauce, mixed white and brown rice.

Dietary Alternatives:

V, VE: Chickpeas

Snack: Fruit

Snack Dietary Alternatives:

None



Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.